

101 (One o One)

Choreographed by Peter Metelnick

Description: 32 count, 4 wall, beginner line dance

Music: **Long Trail Of Tears** by George Ducas [114 bpm]

Imitation Of Love by Jack Ingram [141 bpm]

Losin' End by Lisa Erskine [168 bpm]

What Do Ya Think About That by Montgomery Gentry [156 bpm]

Start dancing on lyrics

GRAPEVINE RIGHT

1-3 Step right to side, cross left behind right, step right to side

4 Stomp left together keeping weight on right

LEFT TOE FAN 2 X

5-6 With weight on right fan left toes to left side, fan left toes back to center

7-8 Fan left toes to left side, fan left toes back to center (weight is still on right)

GRAPEVINE LEFT

9-11 Step left to side, cross right behind left, step left to side

12 Touch right together

HEEL, HOOK, HEEL, BACK

13-14 Touch right heel forward, hook right across left shin

15-16 Touch right heel forward, touch right toes back

MONTANA KICKS AKA CHARLESTON

17-18 Step right forward, kick left forward

19-20 Step left back, touch right toes back

21-22 Step right forward, kick left forward

23-24 Step left back, touch right toes together

STEP TOUCHES

25-26 Step right to side, touch left together & clap

27-28 Step left to side, touch right together & clap

STEP TOUCHES WITH ¼ TURN

29-30 Step right to side turning ¼ right, touch left together & clap

31-32 Step left to side, touch right together & clap

REPEAT